

12
set
CAMPEONATO NACIONAL DE RAMPA
 CRONOESCALADA SUBIDA À GRAÇA

PODIOS CAMPEONATO NACIONAL DE RAMPA DIA 12 DE SETE 2021 MONDIM DE BASTO

ESCALÃO	POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
MASCULINOS	1	227	JOSÉ FERNANDES	W52 - F C PORTO	00:19:42.347	00:00:00.000
FEMININOS	1	78	MELISSA MAIA	TEAM FARTO - BTC	00:28:13.143	00:00:00.000
ELITE F	1	78	MELISSA MAIA	TEAM FARTO - BTC	00:28:13.143	00:00:00.000
ELITE F	2	74	IULIA LEGKOVA	KORPO ACTIVO / PENACOVA	00:29:41.573	00:01:28.430
ELITE F	3	79	ILDA PEREIRA	KORPO ACTIVO / PENACOVA	00:32:04.173	00:03:51.030
JUNIOR F	1	68	SOFIA GOMES	VESAM / BLOK - VILANOVENSE CYCLING GIRLS	00:28:45.597	00:00:00.000
JUNIOR F	2	66	BEATRIZ PEREIRA	BAIRRADA	00:30:09.007	00:01:23.410
JUNIOR F	3	64	ÍRIS CHAGAS	ACADEMIA CICLISMO DE PAREDES	00:35:07.970	00:06:22.373
JUNIOR M	1	152	DUARTE DOMINGUES	ESCOLA DE CICLISMO BRUNO NEVES	00:23:16.457	00:00:00.000
JUNIOR M	2	171	TIAGO NUNES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	00:23:19.307	00:00:02.850
JUNIOR M	3	158	VASCO CUNHA	PÓVOA DE VARZIM/CDC NAVAIS	00:23:49.203	00:00:32.746
MASTER 30 F	1	59	CRISTIANA VALENTE	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	00:30:34.567	00:00:00.000
MASTER 30 F	2	62	NADIA MENDES	VESAM / BLOK - VILANOVENSE CYCLING GIRLS	00:32:44.587	00:02:10.020
MASTER 30 F	3	60	LILIANA SILVA	CLUBE BTT MATOSINHOS	00:35:36.510	00:05:01.943
MASTER 30 M	1	129	PEDRO MERENDEIRO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	00:23:50.717	00:00:00.000
MASTER 30 M	2	132	ANDRÉ FILIPE	C.P.R. A-DO-BARBAS / AKIPLAST / PVS	00:24:04.280	00:00:13.563
MASTER 30 M	3	135	ISMAEL GRAÇA	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	00:24:18.160	00:00:27.443
MASTER 40 F	1	55	RAQUEL SANTOS	C E GONÇALVES/AZEITONENSE	00:30:56.677	00:00:00.000
MASTER 40 F	2	58	SÓNIA SANTOS	VESAM / BLOK - VILANOVENSE CYCLING GIRLS	00:32:09.560	00:01:12.883
MASTER 40 F	3	54	ANA NEVES	BIKE & NUTRITION SHOP	00:32:42.297	00:01:45.620
MASTER 40 M	1	107	MARTINHO SARAGOÇA	A.R. BATALHENSE	00:22:07.480	00:00:00.000
MASTER 40 M	2	122	BRUNO SANTOS	ROMPE TRILHOS / AJPCAR	00:25:04.657	00:02:57.177
MASTER 40 M	3	126	HUMBERTO PEREIRA	PRECIOUS SPACE/SOUTENSE/ESTOFOS MARQUES	00:25:25.417	00:03:17.937
MASTER 50 F	1	51	ROSA RODRIGUES	ATPLINE_UNIÃO CICLISTA DE PONTE DA BARCA	00:34:32.650	00:00:00.000
MASTER 50 F	2	53	LEONTINA PALHAS	CYCLING TEAM CR O GRANDOLENSE	00:38:05.113	00:03:32.463
MASTER 50 F	3	50	BRAULIA GAMITO	CYCLING TEAM CR O GRANDOLENSE	00:42:38.920	00:08:06.270
MASTER 50 M	1	94	ALBERTO AMARAL	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	00:24:32.707	00:00:00.000
MASTER 50 M	2	101	CARLOS SOARES	SAERTEX PORTUGAL / EDAETECH	00:24:55.343	00:00:22.636
MASTER 50 M	3	95	ORLANDO CASTRO	SAERTEX PORTUGAL / EDAETECH	00:25:15.270	00:00:42.563

MASTER 60 M	1	81	JOAQUIM PINTO	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	00:28:16.180	00:00:00.000
MASTER 60 M	2	88	MANUEL PINTO	SAERTEX PORTUGAL / EDAETECH	00:30:10.537	00:01:54.357
MASTER 60 M	3	85	JOÃO ABREU	BIKE & NUTRITION SHOP	00:30:43.347	00:02:27.167
PARACICLISMO	1	80	ANDRÉ SOARES	MATO-CHEIRINHOS/VILA GALÉ/ETOPI	00:27:31.577	00:00:00.000
SUB 23 M	1	186	ANDRÉ DOMINGUES	EFAPEL	00:21:24.103	00:00:00.000
SUB 23 M	2	198	VINÍCIO RODRIGUES	RADIO POPULAR / BOAVISTA	00:23:01.027	00:01:36.924
SUB 23 M	3	203	PEDRO PINTO	TAVFER - MEASINDOT - MORTÁGUA	00:23:26.320	00:02:02.217
ELITE M	1	205	CARLOS AGUIAR	#INDIVIDUAL#	00:23:22.733	00:00:00.000
ELITE M	2	215	ANDRÉ CANUTO	HC SINTRA	00:23:34.067	00:00:11.334
ELITE M	3	220	ADELINO SILVA	#INDIVIDUAL#	00:24:08.653	00:00:45.920
ELITE UCI	1	227	JOSÉ FERNANDES	W52 - F C PORTO	00:19:42.347	00:00:00.000
ELITE UCI	2	222	FREDERICO FIGUEIREDO	EFAPEL	00:20:19.330	00:00:36.983
ELITE UCI	3	226	JOAQUIM SILVA	TAVFER - MEASINDOT - MORTÁGUA	00:20:58.283	00:01:15.936