

12
setFEDERAÇÃO
DE CULTURAMONDIM DE BASTO
Associação de Amadores de Ciclismo
**CAMPEONATO
NACIONAL DE RAMPA**
CRONOESCALADA SUBIDA À GRAÇA

CLASSIFICAÇÕES COMPETIÇÃO CAMPEONATO NACIONAL DE RAMPA MONDIM DE BASTO GERAL E POR CLASSES ETÁRIAS

POS.	DORSAL	SEXO	NOME	EQUIPA	ESCALÃO	TEMPO	DIFERENÇA
1	227	M	JOSÉ FERNANDES	W52 - F C PORTO	ELITE UCI	00:19:42.347	00:00:00.000
2	222	M	FREDERICO FIGUEIREDO	EFAPEL	ELITE UCI	00:20:19.330	00:00:36.983
3	226	M	JOAQUIM SILVA	TAVFER - MEASINDOT - MORTÁGUA	ELITE UCI	00:20:58.283	00:01:15.936
4	186	M	ANDRÉ DOMINGUES	EFAPEL	SUB 23 M	00:21:24.103	00:01:41.756
5	231	M	JORGE MAGALHÃES	W52 - F C PORTO	ELITE UCI	00:21:36.863	00:01:54.516
6	208	M	PATRICK VIDEIRA	FORTUNNA / MAIA	ELITE UCI	00:21:36.907	00:01:54.560
7	230	M	RUI VINHAS	W52 - F C PORTO	ELITE UCI	00:21:39.720	00:01:57.373
8	228	M	JOSÉ MENDES	W52 - F C PORTO	ELITE UCI	00:21:57.713	00:02:15.366
9	107	M	MARTINHO SARAGOÇA	A.R. BATALHENSE	MASTER 40 M	00:22:07.480	00:02:25.133
10	206	M	IVO PINHEIRO	ALMODÓVAR DELTA-CAFÉS CRÉDITOAGRÍCOLA	ELITE UCI	00:22:09.160	00:02:26.813
11	223	M	ANDRÉ RAMALHO	L. A. ALUMÍNIOS / L. A. SPORT	ELITE UCI	00:22:21.200	00:02:38.853
12	225	M	GASPAR GONÇALVES	TAVFER - MEASINDOT - MORTÁGUA	ELITE UCI	00:22:23.560	00:02:41.213
13	224	M	GONÇALO LEAÇA	L. A. ALUMÍNIOS / L. A. SPORT	ELITE UCI	00:22:50.410	00:03:08.063
14	198	M	VINÍCIO RODRIGUES	RADIO POPULAR / BOAVISTA	SUB 23 M	00:23:01.027	00:03:18.680
15	152	M	DUARTE DOMINGUES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:23:16.457	00:03:34.110
16	171	M	TIAGO NUNES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	JUNIOR M	00:23:19.307	00:03:36.960
17	205	M	CARLOS AGUIAR	#INDIVIDUAL#	ELITE M	00:23:22.733	00:03:40.386
18	203	M	PEDRO PINTO	TAVFER - MEASINDOT - MORTÁGUA	SUB 23 M	00:23:26.320	00:03:43.973
19	215	M	ANDRÉ CANUTO	HC SINTRA	ELITE M	00:23:34.067	00:03:51.720
20	182	M	GUILHERME SIMÃO	ALMODÓVAR DELTA-CAFÉS CRÉDITOAGRÍCOLA	SUB 23 M	00:23:37.957	00:03:55.610
21	196	M	JOÃO MEDEIROS	L. A. ALUMÍNIOS / L. A. SPORT	SUB 23 M	00:23:43.507	00:04:01.160
22	213	M	PEDRO DIAS	SANTA MARIA DA FEIRA/SEGMENTO D'ÉPOCA/REOL	ELITE UCI	00:23:48.957	00:04:06.610
23	158	M	VASCO CUNHA	PÓVOA DE VARZIM/CDC NAVAIS	JUNIOR M	00:23:49.203	00:04:06.856
24	129	M	PEDRO MERENDEIRO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:23:50.717	00:04:08.370
25	132	M	ANDRÉ FILIPE	C.P.R. A-DO-BARBAS / AKIPLAST / PVS	MASTER 30 M	00:24:04.280	00:04:21.933
26	220	M	ADELINO SILVA	#INDIVIDUAL#	ELITE M	00:24:08.653	00:04:26.306
27	190	M	JOÃO OLIVEIRA	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:24:16.740	00:04:34.393
28	135	M	ISMAEL GRAÇA	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	MASTER 30 M	00:24:18.160	00:04:35.813
29	146	M	GIL SANTOS	#INDIVIDUAL#	MASTER 30 M	00:24:24.650	00:04:42.303
30	212	M	CARLOS MARTINS	RONDA - RESTAURANTE GRELHA/AUTO MARQUES	ELITE M	00:24:24.747	00:04:42.400
31	216	M	MARCO ALVES	PRECIOUS SPACE/SOUTENSE/ESTOFOS MARQUES	ELITE M	00:24:25.747	00:04:43.400
32	147	M	DIOGO SILVA	ODISHA CYCLING AD PORTOMOSENSE	MASTER 30 M	00:24:28.540	00:04:46.193
33	177	M	FRANCISCO MOREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:24:31.933	00:04:49.586
34	94	M	ALBERTO AMARAL	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 50 M	00:24:32.707	00:04:50.360

35	199	M	VASCO SILVA	RETELEC - ALCA. TEAM CYCLING GALICIA	SUB 23 M	00:24:51.253	00:05:08.906
36	101	M	CARLOS SOARES	SAERTEX PORTUGAL / EDAETECH	MASTER 50 M	00:24:55.343	00:05:12.996
37	183	M	HENRIQUE GUIMARÃES	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:24:56.670	00:05:14.323
38	137	M	FÁBIO ABREU	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:25:01.290	00:05:18.943
39	193	M	TOMÁS MARTINS	BICICLETAS RODRIGUEZ EXTREMADURA	SUB 23 M	00:25:03.957	00:05:21.610
40	162	M	PEDRO PINTO	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:25:04.490	00:05:22.143
41	122	M	BRUNO SANTOS	ROMPE TRILHOS / AJPCAR	MASTER 40 M	00:25:04.657	00:05:22.310
42	155	M	RAFAEL BARBAS	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:25:06.990	00:05:24.643
43	154	M	GONÇALO ESTRELA	ACD MILHARADO/DRIVEONHOLIDAYS/MAFRA	JUNIOR M	00:25:08.693	00:05:26.346
44	148	M	JOSÉ PACHECO	SPAC BTT	MASTER 30 M	00:25:08.910	00:05:26.563
45	185	M	TIAGO LEAL	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:25:10.343	00:05:27.996
46	197	M	ALEXANDRE GONÇALVES	MARRAZES /GUI / BREJINHO / BIKEZONE-LEIRIA	SUB 23 M	00:25:11.533	00:05:29.186
47	140	M	ANDRÉ DIAS	#INDIVIDUAL#	MASTER 30 M	00:25:14.223	00:05:31.876
48	95	M	ORLANDO CASTRO	SAERTEX PORTUGAL / EDAETECH	MASTER 50 M	00:25:15.270	00:05:32.923
49	170	M	DIOGO DIAS	ACADEMIA JOAQUIM AGOSTINHO / CYR/UDO	JUNIOR M	00:25:20.480	00:05:38.133
50	133	M	IGOR ALVES	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:25:20.763	00:05:38.416
51	126	M	HUMBERTO PEREIRA	PRECIOUS SPACE/SOUTENSE/ESTOFOS MARQUES	MASTER 40 M	00:25:25.417	00:05:43.070
52	153	M	DANIEL JORGE	ACADEMIA JOAQUIM AGOSTINHO / CYR/UDO	JUNIOR M	00:25:26.893	00:05:44.546
53	217	M	RICARDO SEQUEIRA	#INDIVIDUAL#	ELITE M	00:25:31.643	00:05:49.296
54	125	M	ANTÓNIO PINTO	SPAC BTT	MASTER 40 M	00:25:34.727	00:05:52.380
55	175	M	JOSÉ MENDES	ACADEMIA CICLISMO DE PAREDES	JUNIOR M	00:25:36.460	00:05:54.113
56	179	M	PEDRO LOPES	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:25:37.590	00:05:55.243
57	121	M	JOSÉ AMORIM	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 40 M	00:25:39.027	00:05:56.680
58	105	M	CARLOS MARTINS	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 50 M	00:25:47.967	00:06:05.620
59	201	M	HENRIQUE PEREIRA	FORTUNNA / MAIA	SUB 23 M	00:25:55.597	00:06:13.250
60	102	M	PEDRO CARDOSO	#INDIVIDUAL#	MASTER 50 M	00:26:00.977	00:06:18.630
61	165	M	RUI CARNEIRO	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:26:05.287	00:06:22.940
62	123	M	CARLOS BORGES	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:11.790	00:06:29.443
63	214	M	ANDRÉ MELO	#INDIVIDUAL#	ELITE M	00:26:14.710	00:06:32.363
64	178	M	ALEXANDRE ALVES	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:26:16.717	00:06:34.370
65	113	M	LUÍS LAMEIRA	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:18.710	00:06:36.363
66	188	M	PEDRO REBELO	BELMIRA CRUZ - CENTRO CICLISMO PORTIMÃO - MIRACHORO HOTELS	SUB 23 M	00:26:19.390	00:06:37.043
67	202	M	JOÃO ANTÓNIO	SANTA MARIA DA FEIRA/SEGMENTO D'ÉPOCA/REOL	SUB 23 M	00:26:19.650	00:06:37.303
68	116	M	MARCO COELHO	CYCLING TEAM CR O GRANDOLENSE	MASTER 40 M	00:26:21.367	00:06:39.020
69	139	M	CRISTIANO SOUSA	RONDA - RESTAURANTE GRELHA/AUTO MARQUES	MASTER 30 M	00:26:28.240	00:06:45.893
70	92	M	LUÍS GOMES	CYCLING TEAM CR O GRANDOLENSE	MASTER 50 M	00:26:29.817	00:06:47.470
71	130	M	NELSON PINTO	BELMIRA CRUZ - CENTRO CICLISMO PORTIMÃO - MIRACHORO HOTELS	MASTER 30 M	00:26:32.450	00:06:50.103
72	120	M	ABÍLIO FREITAS	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 40 M	00:26:47.247	00:07:04.900
73	109	M	ANTÓNIO MAGALHÃES	BTT BRAGUINHAS/ PADIM DA GRAÇA	MASTER 40 M	00:26:49.320	00:07:06.973
74	128	M	RENATO CORREIA	#INDIVIDUAL#	MASTER 40 M	00:26:51.450	00:07:09.103
75	189	M	TIAGO FERREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:26:55.520	00:07:13.173

76	118	M	JORGE MACHADO	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:55.807	00:07:13.460
77	151	M	MARCELO SOARES	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:26:56.990	00:07:14.643
78	142	M	MARCO NEVES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 30 M	00:26:58.093	00:07:15.746
79	194	M	JOAO NEVES	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	SUB 23 M	00:26:58.660	00:07:16.313
80	112	M	MANUEL MONTEIRO	ROMPE TRILHOS / AJPCAR	MASTER 40 M	00:27:05.990	00:07:23.643
81	157	M	TIAGO QUARESMA	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:27:07.963	00:07:25.616
82	150	M	MANUEL PEREIRA	UCA - UNIÃO CICLISMO DO ALENTEJO	MASTER 30 M	00:27:17.037	00:07:34.690
83	184	M	BERNARDO JORGE	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:27:20.623	00:07:38.276
84	114	M	MARCO MAGALHÃES	#INDIVIDUAL#	MASTER 40 M	00:27:23.110	00:07:40.763
85	80	M	ANDRÉ SOARES	MATO-CHEIRINHOS/VILA GALÉ/ETOPI	PARACICLISMO	00:27:31.577	00:07:49.230
86	167	M	JOÃO OLIVEIRA	PÓVOA DE VARZIM/CDC NAVAIS	JUNIOR M	00:27:46.237	00:08:03.890
87	174	M	ANDRÉ HENRIQUES	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:27:49.173	00:08:06.826
88	161	M	JOSÉ GONÇALVES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	JUNIOR M	00:27:56.773	00:08:14.426
89	115	M	EDUARDO VICENTE	A.R. BATALHENSE	MASTER 40 M	00:27:59.893	00:08:17.546
90	211	M	TIAGO AMORIM	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	ELITE M	00:28:08.867	00:08:26.520
91	166	M	LEONARDO LOPES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:28:10.740	00:08:28.393
92	195	M	TIAGO FERREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:28:14.057	00:08:31.710
93	81	M	JOAQUIM PINTO	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 60 M	00:28:16.180	00:08:33.833
94	136	M	RICARDO CUNHA	CLUBE BTT MATOSINHOS	MASTER 30 M	00:28:18.217	00:08:35.870
95	100	M	DANIEL ALVES	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 50 M	00:28:23.393	00:08:41.046
96	191	M	RAFAEL TORRES	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:28:31.660	00:08:49.313
97	108	M	JOSÉ COSTA	BIKE & NUTRITION SHOP	MASTER 40 M	00:28:32.567	00:08:50.220
98	164	M	ANDRÉ CRUZ	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:28:37.043	00:08:54.696
99	134	M	MAURO AVEIRO	#INDIVIDUAL#	MASTER 30 M	00:28:48.660	00:09:06.313
100	159	M	AFONSO LUZ	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:28:55.367	00:09:13.020
101	110	M	CASIMIRO CORREIA	#INDIVIDUAL#	MASTER 40 M	00:29:05.323	00:09:22.976
102	104	M	RUI MENDES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 50 M	00:29:13.003	00:09:30.656
103	156	M	GUSTAVO ALVES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:13.433	00:09:31.086
104	173	M	CARLOS PETIZ	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:14.543	00:09:32.196
105	145	M	HELDER CAMPINHO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:29:21.543	00:09:39.196
106	180	M	FERNANDO PEREIRA	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	SUB 23 M	00:29:22.053	00:09:39.706
107	98	M	RUI SERRANO	CYCLING TEAM CR O GRANDOLENSE	MASTER 50 M	00:29:24.423	00:09:42.076
108	169	M	MIGUEL DIAS	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:48.447	00:10:06.100
109	160	M	JOÃO MARTINHO	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:48.947	00:10:06.600
110	127	M	ANTÓNIO PINTO	PENAFIEL BIKE CLUBE	MASTER 40 M	00:29:49.637	00:10:07.290
111	131	M	ANDRÉ FERNANDES	BIKE & NUTRITION SHOP	MASTER 30 M	00:30:03.707	00:10:21.360
112	172	M	GUILHERME RODRIGUES	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:30:08.227	00:10:25.880
113	88	M	MANUEL PINTO	SAERTEX PORTUGAL / EDAETECH	MASTER 60 M	00:30:10.537	00:10:28.190
114	91	M	JOÃO LEITÃO	BIKE & NUTRITION SHOP	MASTER 50 M	00:30:14.597	00:10:32.250
115	143	M	ANTONIO SILVA	DOMARSA/SANTA CRUZ/BICICASTRO	MASTER 30 M	00:30:19.797	00:10:37.450
116	144	M	JÚLIO SILVA	DOURO BTT CCPAD	MASTER 30 M	00:30:25.593	00:10:43.246

117	103	M	JOSÉ PIRES	A.R. BATALHENSE	MASTER 50 M	00:30:31.270	00:10:48.923
118	111	M	ANTÓNIO RODRIGUES	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 40 M	00:30:37.210	00:10:54.863
119	192	M	NUNO MAGALHAES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	SUB 23 M	00:30:37.767	00:10:55.420
120	85	M	JOÃO ABREU	BIKE & NUTRITION SHOP	MASTER 60 M	00:30:43.347	00:11:01.000
121	181	M	CARLOS SANTOS	#INDIVIDUAL#	SUB 23 M	00:31:03.563	00:11:21.216
122	83	M	JOSÉ MAGALHÃES	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 60 M	00:31:04.413	00:11:22.066
123	89	M	JOAQUIM FERNANDES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 60 M	00:31:08.593	00:11:26.246
124	141	M	JOÃO PEREIRA	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:31:08.740	00:11:26.393
125	163	M	MIGUEL AGRA	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:31:10.700	00:11:28.353
126	106	M	MÁRIO PEREIRA	#INDIVIDUAL#	MASTER 50 M	00:31:43.080	00:12:00.733
127	149	M	JOAQUIM AIRES	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:31:50.163	00:12:07.816
128	93	M	ANTÓNIO FIGUEIREDO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 50 M	00:32:12.380	00:12:30.033
129	87	M	MANUEL DOMINGOS	CYCLING TEAM CR O GRANDOLENSE	MASTER 60 M	00:32:30.267	00:12:47.920
130	86	M	VITOR GRAÇA	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	MASTER 60 M	00:33:50.127	00:14:07.780
131	99	M	JOSÉ CARVALHO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 50 M	00:35:02.633	00:15:20.286
132	97	M	JORGE GOMES	BIKE & NUTRITION SHOP	MASTER 50 M	00:37:21.723	00:17:39.376
133	84	M	VITORINO PEREIRA	ASFIC/GRUPO PARAPEDRA	MASTER 60 M	00:37:22.970	00:17:40.623
134	82	M	LÚIS SANTOS	#INDIVIDUAL#	MASTER 60 M	00:41:17.080	00:21:34.733
135	117	M	JOSÉ GONÇALVES	MAIATOS	MASTER 40 M	00:45:12.803	00:25:30.456
1	227	M	JOSÉ FERNANDES	W52 - F C PORTO	ELITE UCI	00:19:42.347	00:00:00.000
2	222	M	FREDERICO FIGUEIREDO	EFAPEL	ELITE UCI	00:20:19.330	00:00:36.983
3	226	M	JOAQUIM SILVA	TAVFER - MEASINDOT - MORTÁGUA	ELITE UCI	00:20:58.283	00:01:15.936
4	231	M	JORGE MAGALHÃES	W52 - F C PORTO	ELITE UCI	00:21:36.863	00:01:54.516
5	208	M	PATRICK VIDEIRA	FORTUNNA / MAIA	ELITE UCI	00:21:36.907	00:01:54.560
6	230	M	RUI VINHAS	W52 - F C PORTO	ELITE UCI	00:21:39.720	00:01:57.373
7	228	M	JOSÉ MENDES	W52 - F C PORTO	ELITE UCI	00:21:57.713	00:02:15.366
8	206	M	IVO PINHEIRO	ALMODÓVAR DELTA-CAFÉS CRÉDITOAGRÍCOLA	ELITE UCI	00:22:09.160	00:02:26.813
9	223	M	ANDRÉ RAMALHO	L. A. ALUMÍNIOS / L. A. SPORT	ELITE UCI	00:22:21.200	00:02:38.853
10	225	M	GASPAR GONÇALVES	TAVFER - MEASINDOT - MORTÁGUA	ELITE UCI	00:22:23.560	00:02:41.213
11	224	M	GONÇALO LEAÇA	L. A. ALUMÍNIOS / L. A. SPORT	ELITE UCI	00:22:50.410	00:03:08.063
12	213	M	PEDRO DIAS	SANTA MARIA DA FEIRA/SEGMENTO D'ÉPOCA/REOL	ELITE UCI	00:23:48.957	00:04:06.610
1	205	M	CARLOS AGUIAR	#INDIVIDUAL#	ELITE M	00:23:22.733	00:00:00.000
2	215	M	ANDRÉ CANUTO	HC SINTRA	ELITE M	00:23:34.067	00:00:11.334
3	220	M	ADELINO SILVA	#INDIVIDUAL#	ELITE M	00:24:08.653	00:00:45.920
4	212	M	CARLOS MARTINS	RONDA - RESTAURANTE GRELHA/AUTO MARQUES	ELITE M	00:24:24.747	00:01:02.014
5	216	M	MARCO ALVES	PRECIOUS SPACE/SOUTENSE/ESTOFOS MARQUES	ELITE M	00:24:25.747	00:01:03.014
6	217	M	RICARDO SEQUEIRA	#INDIVIDUAL#	ELITE M	00:25:31.643	00:02:08.910
7	214	M	ANDRÉ MELO	#INDIVIDUAL#	ELITE M	00:26:14.710	00:02:51.977
8	211	M	TIAGO AMORIM	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	ELITE M	00:28:08.867	00:04:46.134

1	186	M	ANDRÉ DOMINGUES	EFAPEL	SUB 23 M	00:21:24.103	00:00:00.000
2	198	M	VINÍCIO RODRIGUES	RADIO POPULAR / BOAVISTA	SUB 23 M	00:23:01.027	00:01:36.924
3	203	M	PEDRO PINTO	TAVFER - MEASINDOT - MORTÁGUA	SUB 23 M	00:23:26.320	00:02:02.217
4	182	M	GUILHERME SIMÃO	ALMODÓVAR DELTA-CAFÉS CRÉDITOAGRÍCOLA	SUB 23 M	00:23:37.957	00:02:13.854
5	196	M	JOÃO MEDEIROS	L. A. ALUMÍNIOS / L. A. SPORT	SUB 23 M	00:23:43.507	00:02:19.404
6	190	M	JOÃO OLIVEIRA	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:24:16.740	00:02:52.637
7	177	M	FRANCISCO MOREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:24:31.933	00:03:07.830
8	199	M	VASCO SILVA	RETELEC - ALCA. TEAM CYCLING GALICIA	SUB 23 M	00:24:51.253	00:03:27.150
9	183	M	HENRIQUE GUIMARÃES	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:24:56.670	00:03:32.567
10	193	M	TOMÁS MARTINS	BICICLETAS RODRIGUEZ EXTREMADURA	SUB 23 M	00:25:03.957	00:03:39.854
11	185	M	TIAGO LEAL	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:25:10.343	00:03:46.240
12	197	M	ALEXANDRE GONÇALVES	MARRAZES /GUI / BREJINHO / BIKEZONE-LEIRIA	SUB 23 M	00:25:11.533	00:03:47.430
13	179	M	PEDRO LOPES	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:25:37.590	00:04:13.487
14	201	M	HENRIQUE PEREIRA	FORTUNNA / MAIA	SUB 23 M	00:25:55.597	00:04:31.494
15	178	M	ALEXANDRE ALVES	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:26:16.717	00:04:52.614
16	188	M	PEDRO REBELO	BELMIRA CRUZ - CENTRO CICLISMO PORTIMÃO - MIRACHORO HOTELS	SUB 23 M	00:26:19.390	00:04:55.287
17	202	M	JOÃO ANTÓNIO	SANTA MARIA DA FEIRA/SEGMENTO D'ÉPOCA/REOL	SUB 23 M	00:26:19.650	00:04:55.547
18	189	M	TIAGO FERREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:26:55.520	00:05:31.417
19	194	M	JOAO NEVES	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	SUB 23 M	00:26:58.660	00:05:34.557
20	184	M	BERNARDO JORGE	ADEGA MOR-G.D.M.-CACB	SUB 23 M	00:27:20.623	00:05:56.520
21	195	M	TIAGO FERREIRA	JV PERFIS - GONDOMAR CULTURAL	SUB 23 M	00:28:14.057	00:06:49.954
22	191	M	RAFAEL TORRES	SICASAL - MITICAR - TORRES VEDRAS	SUB 23 M	00:28:31.660	00:07:07.557
23	180	M	FERNANDO PEREIRA	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	SUB 23 M	00:29:22.053	00:07:57.950
24	192	M	NUNO MAGALHAES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	SUB 23 M	00:30:37.767	00:09:13.664
25	181	M	CARLOS SANTOS	#INDIVIDUAL#	SUB 23 M	00:31:03.563	00:09:39.460
1	152	M	DUARTE DOMINGUES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:23:16.457	00:00:00.000
2	171	M	TIAGO NUNES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	JUNIOR M	00:23:19.307	00:00:02.850
3	158	M	VASCO CUNHA	PÓVOA DE VARZIM/CDC NAVAIS	JUNIOR M	00:23:49.203	00:00:32.746
4	162	M	PEDRO PINTO	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:25:04.490	00:01:48.033
5	155	M	RAFAEL BARBAS	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:25:06.990	00:01:50.533
6	154	M	GONÇALO ESTRELA	ACD MILHARADO/DRIVEONHOLIDAYS/MAFRA	JUNIOR M	00:25:08.693	00:01:52.236
7	170	M	DIOGO DIAS	ACADEMIA JOAQUIM AGOSTINHO / CYR/UDO	JUNIOR M	00:25:20.480	00:02:04.023
8	153	M	DANIEL JORGE	ACADEMIA JOAQUIM AGOSTINHO / CYR/UDO	JUNIOR M	00:25:26.893	00:02:10.436
9	175	M	JOSÉ MENDES	ACADEMIA CICLISMO DE PAREDES	JUNIOR M	00:25:36.460	00:02:20.003
10	165	M	RUI CARNEIRO	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:26:05.287	00:02:48.830
11	151	M	MARCELO SOARES	LANDEIRO KTM MATIAS& ARAÚJO FRULACT	JUNIOR M	00:26:56.990	00:03:40.533
12	157	M	TIAGO QUARESMA	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:27:07.963	00:03:51.506
13	167	M	JOÃO OLIVEIRA	PÓVOA DE VARZIM/CDC NAVAIS	JUNIOR M	00:27:46.237	00:04:29.780
14	174	M	ANDRÉ HENRIQUES	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:27:49.173	00:04:32.716

15	161	M	JOSÉ GONÇALVES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	JUNIOR M	00:27:56.773	00:04:40.316
16	166	M	LEONARDO LOPES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:28:10.740	00:04:54.283
17	164	M	ANDRÉ CRUZ	GRUPO DESPORTIVO DE LOUSA	JUNIOR M	00:28:37.043	00:05:20.586
18	159	M	AFONSO LUZ	LANDEIRO KTM MATIAS& ARAUJO FRULACT	JUNIOR M	00:28:55.367	00:05:38.910
19	156	M	GUSTAVO ALVES	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:13.433	00:05:56.976
20	173	M	CARLOS PETIZ	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:14.543	00:05:58.086
21	169	M	MIGUEL DIAS	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:48.447	00:06:31.990
22	160	M	JOÃO MARTINHO	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:29:48.947	00:06:32.490
23	172	M	GUILHERME RODRIGUES	LANDEIRO KTM MATIAS& ARAUJO FRULACT	JUNIOR M	00:30:08.227	00:06:51.770
24	163	M	MIGUEL AGRA	ESCOLA DE CICLISMO BRUNO NEVES	JUNIOR M	00:31:10.700	00:07:54.243
1	129	M	PEDRO MERENDEIRO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:23:50.717	00:00:00.000
2	132	M	ANDRÉ FILIPE	C.P.R. A-DO-BARBAS / AKIPLAST / PVS	MASTER 30 M	00:24:04.280	00:00:13.563
3	135	M	ISMAEL GRAÇA	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	MASTER 30 M	00:24:18.160	00:00:27.443
4	146	M	GIL SANTOS	#INDIVIDUAL#	MASTER 30 M	00:24:24.650	00:00:33.933
5	147	M	DIOGO SILVA	ODISHA CYCLING AD PORTOMOSENSE	MASTER 30 M	00:24:28.540	00:00:37.823
6	137	M	FÁBIO ABREU	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:25:01.290	00:01:10.573
7	148	M	JOSÉ PACHECO	SPAC BTT	MASTER 30 M	00:25:08.910	00:01:18.193
8	140	M	ANDRÉ DIAS	#INDIVIDUAL#	MASTER 30 M	00:25:14.223	00:01:23.506
9	133	M	IGOR ALVES	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:25:20.763	00:01:30.046
10	139	M	CRISTIANO SOUSA	RONDA - RESTAURANTE GRELHA/AUTO MARQUES	MASTER 30 M	00:26:28.240	00:02:37.523
11	130	M	NELSON PINTO	BELMIRA CRUZ - CENTRO CICLISMO PORTIMÃO - MIRACHORO HOTELS	MASTER 30 M	00:26:32.450	00:02:41.733
12	142	M	MARCO NEVES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 30 M	00:26:58.093	00:03:07.376
13	150	M	MANUEL PEREIRA	UCA - UNIÃO CICLISMO DO ALENTEJO	MASTER 30 M	00:27:17.037	00:03:26.320
14	136	M	RICARDO CUNHA	CLUBE BTT MATOSINHOS	MASTER 30 M	00:28:18.217	00:04:27.500
15	134	M	MAURO AVEIRO	#INDIVIDUAL#	MASTER 30 M	00:28:48.660	00:04:57.943
16	145	M	HELDER CAMPINHO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:29:21.543	00:05:30.826
17	131	M	ANDRÉ FERNANDES	BIKE & NUTRITION SHOP	MASTER 30 M	00:30:03.707	00:06:12.990
18	143	M	ANTONIO SILVA	DOMARSA/SANTA CRUZ/BICICASTRO	MASTER 30 M	00:30:19.797	00:06:29.080
19	144	M	JÚLIO SILVA	DOURO BTT CCPAD	MASTER 30 M	00:30:25.593	00:06:34.876
20	141	M	JOÃO PEREIRA	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:31:08.740	00:07:18.023
21	149	M	JOAQUIM AIRES	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 30 M	00:31:50.163	00:07:59.446
1	107	M	MARTINHO SARAGOÇA	A.R. BATALHENSE	MASTER 40 M	00:22:07.480	00:02:25.133
2	122	M	BRUNO SANTOS	ROMPE TRILHOS / AJPCAR	MASTER 40 M	00:25:04.657	00:02:57.177
3	126	M	HUMBERTO PEREIRA	PRECIOUS SPACE/SOUTENSE/ESTOFOS MARQUES	MASTER 40 M	00:25:25.417	00:03:17.937
4	125	M	ANTÓNIO PINTO	SPAC BTT	MASTER 40 M	00:25:34.727	00:03:27.247
5	121	M	JOSÉ AMORIM	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 40 M	00:25:39.027	00:03:31.547
6	123	M	CARLOS BORGES	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:11.790	00:04:04.310
7	113	M	LUÍS LAMEIRA	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:18.710	00:04:11.230

8	116	M	MARCO COELHO	CYCLING TEAM CR O GRANDOLENSE	MASTER 40 M	00:26:21.367	00:04:13.887
9	120	M	ABÍLIO FREITAS	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 40 M	00:26:47.247	00:04:39.767
10	109	M	ANTÓNIO MAGALHÃES	BTT BRAGUINHAS/ PADIM DA GRAÇA	MASTER 40 M	00:26:49.320	00:04:41.840
11	128	M	RENATO CORREIA	#INDIVIDUAL#	MASTER 40 M	00:26:51.450	00:04:43.970
12	118	M	JORGE MACHADO	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 40 M	00:26:55.807	00:04:48.327
13	112	M	MANUEL MONTEIRO	ROMPE TRILHOS / AJPCAR	MASTER 40 M	00:27:05.990	00:04:58.510
14	114	M	MARCO MAGALHÃES	#INDIVIDUAL#	MASTER 40 M	00:27:23.110	00:05:15.630
15	115	M	EDUARDO VICENTE	A.R. BATALHENSE	MASTER 40 M	00:27:59.893	00:05:52.413
16	108	M	JOSÉ COSTA	BIKE & NUTRITION SHOP	MASTER 40 M	00:28:32.567	00:06:25.087
17	110	M	CASIMIRO CORREIA	#INDIVIDUAL#	MASTER 40 M	00:29:05.323	00:06:57.843
18	127	M	ANTÓNIO PINTO	PENAFIEL BIKE CLUBE	MASTER 40 M	00:29:49.637	00:07:42.157
19	111	M	ANTÓNIO RODRIGUES	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 40 M	00:30:37.210	00:08:29.730
20	117	M	JOSÉ GONÇALVES	MAIATOS	MASTER 40 M	00:45:12.803	00:23:05.323
RESULTS BY							
1	94	M	ALBERTO AMARAL	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 50 M	00:24:32.707	00:00:00.000
2	101	M	CARLOS SOARES	SAERTEX PORTUGAL / EDAETECH	MASTER 50 M	00:24:55.343	00:00:22.636
3	95	M	ORLANDO CASTRO	SAERTEX PORTUGAL / EDAETECH	MASTER 50 M	00:25:15.270	00:00:42.563
4	105	M	CARLOS MARTINS	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 50 M	00:25:47.967	00:01:15.260
5	102	M	PEDRO CARDOSO	#INDIVIDUAL#	MASTER 50 M	00:26:00.977	00:01:28.270
6	92	M	LUÍS GOMES	CYCLING TEAM CR O GRANDOLENSE	MASTER 50 M	00:26:29.817	00:01:57.110
7	100	M	DANIEL ALVES	REMATELABORADO_UNIÃO CICLISTA DE PONTE DA BARCA	MASTER 50 M	00:28:23.393	00:03:50.686
8	104	M	RUI MENDES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 50 M	00:29:13.003	00:04:40.296
9	98	M	RUI SERRANO	CYCLING TEAM CR O GRANDOLENSE	MASTER 50 M	00:29:24.423	00:04:51.716
10	91	M	JOÃO LEITÃO	BIKE & NUTRITION SHOP	MASTER 50 M	00:30:14.597	00:05:41.890
11	103	M	JOSÉ PIRES	A.R. BATALHENSE	MASTER 50 M	00:30:31.270	00:05:58.563
12	106	M	MÁRIO PEREIRA	#INDIVIDUAL#	MASTER 50 M	00:31:43.080	00:07:10.373
13	93	M	ANTÓNIO FIGUEIREDO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 50 M	00:32:12.380	00:07:39.673
14	99	M	JOSÉ CARVALHO	PROTEU CYCLING TEAM-CASA DO POVO RETORTA	MASTER 50 M	00:35:02.633	00:10:29.926
15	97	M	JORGE GOMES	BIKE & NUTRITION SHOP	MASTER 50 M	00:37:21.723	00:12:49.016
1	81	M	JOAQUIM PINTO	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 60 M	00:28:16.180	00:00:00.000
2	88	M	MANUEL PINTO	SAERTEX PORTUGAL / EDAETECH	MASTER 60 M	00:30:10.537	00:01:54.357
3	85	M	JOÃO ABREU	BIKE & NUTRITION SHOP	MASTER 60 M	00:30:43.347	00:02:27.167
4	83	M	JOSÉ MAGALHÃES	SKODA IRMÃOS LEITE/ TOURENCINHO	MASTER 60 M	00:31:04.413	00:02:48.233
5	89	M	JOAQUIM FERNANDES	SILVA & VINHA / ADRAP / SENTIR PENAFIEL	MASTER 60 M	00:31:08.593	00:02:52.413
6	87	M	MANUEL DOMINGOS	CYCLING TEAM CR O GRANDOLENSE	MASTER 60 M	00:32:30.267	00:04:14.087
7	86	M	VITOR GRAÇA	CICLISMO 20KMS ALMEIRIM/RESTAURANTE O FORNO	MASTER 60 M	00:33:50.127	00:05:33.947
8	84	M	VITORINO PEREIRA	ASFIC/GRUPO PARAPEDRA	MASTER 60 M	00:37:22.970	00:09:06.790
9	82	M	LUÍS SANTOS	#INDIVIDUAL#	MASTER 60 M	00:41:17.080	00:13:00.900

1	80	M	ANDRÉ SOARES	MATO-CHEIRINHOS/VILA GALÉ/ETIPI	PARACICLISMO	00:27:31.577	00:00:00.000
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